

Exercise 2.3

Vision and Values

15–20 minutes

Put a check mark beside the values below that resonate for you. Then circle the *three* that are most important to you.

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| ☐ Community | ☒ Harmony | ☒ Preservation |
| ☒ Compassion | ☒ Healing | ☒ Respect |
| ☒ Courage | ☒ Honesty | ☒ Self-Discipline |
| ☒ Creativity | ☒ Humility | ☒ Self-Respect |
| ☒ Determination | ☒ Independence | ☒ Service |
| ☒ Diversity | ☒ Innovation | ☒ Simplicity |
| ☒ Empathy | ☒ Integrity | ☒ Spirituality |
| ☒ Equality | ☒ Interdependence | ☒ Stability |
| ☒ Excellence | ☒ Justice | ☒ Teamwork |
| ☒ Fairness | ☒ Knowledge | ☒ Thrift |
| ☒ Faith | ☒ Leadership | ☒ Tradition |
| ☒ Family | ☒ Love of comfort | ☐ Transformation |
| ☒ Freedom | ☒ Love of others | ☐ Other: _____ |
| ☒ Generosity | ☒ Loyalty | ☐ Other: _____ |
| ☒ Good sense | ☒ Patience | ☐ Other: _____ |
| ☒ Hard work | ☒ Peace | ☐ Other: _____ |

Issue Areas and Concerns

Following are words or phrases that describe issue areas and concerns that you may care about as a contributor. The areas listed are only for inspiration. You may never have donated time or money to these areas of interest before; this exercise is simply to give you the chance to recognize what has meaning for you among things you could give to. Put check marks next to those that have the most meaning for you. Then go through the list again and circle your top three.

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| ☐ Aging | ☒ Catholic charities | ☐ Death and dying |
| ☐ Animals and species Preservation | ☐ Children or child care | ☐ Demilitarization |
| ☐ Anti-Semitism | ☐ Civil rights | ☐ Disability rights |
| ☐ Anti-Racism | ☐ Coexistence | ☐ Disaster relief |
| ☐ Arts and art institutions | ☐ Community gardens | ☒ Domestic violence |
| ☐ Biodiversity | ☐ Computer literacy | ☒ Drug and alcohol abuse |
| ☐ Boys | ☒ Corporate responsibility | ☐ Economic justice |
| ☐ Business development | ☐ Cultural heritage | ☒ Education |